## Om Sri Gurubhyo Namaha At the footsteps of Sri Adi Sankara Padayatra from Tambaram to Kanchi Mutt 3<sup>rd</sup> and 4<sup>th</sup> September 2009

Dear Devotees,

The great saint Sri Adi Sankara toured this entire Bharath on foot twice before 2500 years in order to reestablish the Sanathana Dharma and integrate the whole nation as one and he achieved this with great success. One can see his name in all parts of Bharath, from Kashmir/Amarnath/Badrinath in North to Kanyakumari in the South, from Dwaraka in the west to Puri/Guwahati in the east.

Following his footsteps our great Acharya of recent times Sri Chandra Sekarendra Saraswathi Swamigal, has also walked all over our country and spread our Sanathana Dharma. Both Sri Jayendra Saraswathi Swamigal and Sri Sankara Vijayendra Saraswathi Swamigal have toured this country many times and have established numerous patashalas/educational/health institutions all over the nation.

In the fast pace of today's life the present generation really lack an opportunity to learn the benefits of padayatra which gives enormous advantages, both physical and psychological. A padayatra is a long walk undertaken voluntarily with a sankalpa (strong and devoted determination to perform against all odds) to complete the journey till the end. This padayatra is unlike a walk undertaken for a short time in the morning or evening which one may miss if there are some difficulties. On the other hand a padayatra is a journey dedicated to God which bestows on the person a special enthusiasm and will power to face the odds and complete it, once undertaken. It has been a universal phenomena experienced by every body who has undertaken such vows.

A padayatra keeps you away from all other worries for the period and enables you to enjoy the pure and fresh air of the country side. It creates a feeling of friendships among the participants and a tendency to help each other forgetting one's own discomforts. A pada yatra fortifies a person mentally and physically and if one undertakes such pada yatra his body becomes fit as a fiddle and he need not go to in search of costly specialty hospitals and medical check ups costing a fortune.

With the blessings of both the Acharyas of Sri Kamkoti Peetam, Kanchi, a padayatra is proposed to start from Tambaram to Sri Matam, Kanchi with a view to join them at their **Viswarupa Yatra on 4**<sup>th</sup> **September.** 

The distance to be covered from Sri Selva Vinayagar Sri Kodandaramar Temple, Tambaram (Opp.to Railway Station) to Sri Matam, Kanchi is 55 Kms and it is proposed to cover the distance in two days at a convenient pace with halts for tea/breakfast/lunch/energy pack/dinner etc.

Your needs from the start to the finish of the padayatra will be taken care of by organisers. No fee is charged. We only need your active participation in the padayatra in large numbers.

Ladies and gents above the age of 18 are eligible to participate and special care will be taken to look after the ladies.

Those who want to participate may register their names with the following persons.

## Contact persons:

Sri M. Jayaraman, Mathru Chaya Foundation, No. 3/3 Kaveri Apartments Baghavantham Street, T. Nagar, Chennai 600017 Mo: 919841722886

Email: <u>jusgrama@yahoo.co.in</u>

Sri N.Subramanian, Sri Ramajayam Flats, Old No 16/New No 33, Loganathan Colony, Mylapore, Chennai 600004 Mo: 919444674446

Email: nadanamani@gmail.com

--

## Padayatra from Tambaram to Kanchi Mutt 3<sup>rd</sup> & 4<sup>th</sup> September 2009

## **Application Form**

(Send before 23.4.08)

Name:			
Age:	Sex:		
Educational Qualifications:			
Profession:			
Permanent Address:			
Telephones: Landline Email id:	:	Cell:	
Mother Tongue:			
Languages Known:			
Signature: Place: Date:			